Can you feel down in your bones Power begin to rise Counted out, but we ain't no more Right now, this is our time

Hear the chorus start to grow Deep in your soul Sound of the breaking chains Like an anthem ringing out Everybody now Let me hear the people sing

We're all free
Rising up, we got our feet off the ground
All free
Nothing taking, nothing holding us down
Lift up your hands, breathe it in, breathe it out
Him and her, you and me
We're all free

When the sky gets dark and the rain rolls in Storm warning loud and strong We won't fear no we won't back down Our feet keep marching on

Hear the chorus start to grow
Deep in your soul
The sound of the breaking chains
Like an anthem ringing out
Everybody now
Let me hear the people sing

We're all free
Rising up, we got our feet off the ground
All free
Nothing taking, nothing holding us down
Lift up your hands, breathe it in, breathe it out
Him and her, you and me
We're all free

Every heart that's beating
Undefeated
Let me hear you clap your hands
Every son daughter
Sing it stronger
Let me hear you clap your hands

We're all free
Rising up, we got our feet off the ground
All free
Nothing taking, nothing holding us down
Lift up your hands, breathe it in, breathe it out
Him and her, you and me
We're all free