

Dinner Time

Stand High Patrol

I'm a hedonist
I love the good food
I'm in a good mood
Everything is cool

Sunday morning I put on my jacket
"Where are you going?" To the market!
Bring back good food is the target
Fresh vegetables in the basket
Chop that, cook that in the hot pan
Corkscrew open a bottle of wine
Smell that, huum, having a good time
Good for the belly, everything is fine
Your stomach acts like a second brain
Did you know that? This is insane
Bacteria controls your mind
What you eat influences your mood
So open, a recipes book!
Choose one page and start to cook
Fresh fish, from the hot nook brook
Cooking by crook or by Hook

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I'm not hungry anymore. What?
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I remember back in the days the taste of tomatoes
Now it tastes like shit full of GMOs
Same peas same beans same potatoes
Same plants same seeds yes shit grows
Everywhere in the world it's the same shit
1000s of chickens in a dark shed
I'm feeling sick I lost my appetite, I'm not hungry anymore

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Local products
Home-grown products
I like to know where the food comes from
Local products
Home-grown products
I like to support the people I know
My good friend Jack is a champion cook
Big up! Big up! To my good friend Jack
My brother Tony is a market gardener
Shout! Shout! To my brother Tonio

If you cook listening that tune to the radio
Big up! Big up!

If you cook listening that tune to the radio
Big up! Big up!

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