

## Cycle Of Hurting

Staind

I think I used to pray  
I thought it would save me from my hell  
But what they never say  
Nobody's God ever saves you from yourself

And all my faults  
Are all my fault  
And I just want  
To feel it all

Feel it all  
Feel it all

How can I face what's under the surface  
When nothing is working?  
How can I break away from the burden?  
This cycle of hurting

I'm still waiting to change  
I'm still waiting to wake up as someone else  
At the end of the day  
I'm too stubborn to get any help

And all my faults  
Are all my fault  
And I just want  
To feel it all

How can I face what's under the surface  
When nothing is working?  
How can I break away from the burden?  
This cycle of hurting

How can I face what's under the surface  
When nothing is working?  
How can I break away from the burden?  
This cycle of hurting  
Away from the burden  
This cycle of hurting

Cycle of hurting