

Goodnight Laura

Spoon

Goodnight Laura, don't you know
Your bed awaits and now it's time for sleeping?

Goodnight Laura, close your eyes
You words are meant to stop at night
You know they're not for keeping

If you want to fall asleep be very still
And you close your eyes, and slow yourself
And let the worry leave you, and let go if it all just for this
evening

Alright
Alright

You can fall asleep by being very still
As you let your breath slow down
And when you think your thoughts be sure that they are sweet on
es
They are sweet ones

Don't you know, Laura, you're alright?
You're alright