

# Self

Spineshank

Feel the tension of rejection  
Bleach it out with the therapy  
The confusion and seclusion  
Turns it into my deformity

Never trust it, maladjusted  
I've become my own worst enemy  
The aggravation in my fixation  
Keeps it all controlled inside of me

See it all collapsing, it's all around me  
This condition is killing me  
The isolation still surrounds me  
In remission but it's killing me

It's what I can't control  
What I can't control  
What I can't control in me

Born again I feel so hollow  
Torn again my senses fade  
Mourn again without the sorrow  
Born again without the blame

Force a new solution, it's all inside me  
In remission but it's killing me  
Evolution is divided  
In remission but it's killing me

It's what I can't control  
What I can't control  
What I can't control in me

Born again I feel so hollow  
Torn again my senses fade  
Mourn again without the sorrow  
Born again without the blame

I can't increase the treatment  
It won't suppress the feelings  
Or stop the way I'm getting used to the pain

Breaking down  
Self-destructive pattern

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What I can't control  
What I can't control in me

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