

# Anger Denial Acceptance

Spineshank

The cold was almost generosity  
The way you took the life away from me  
Scratched the surface of the pain to come  
The separation that can't be undone  
It's in the way we fuck  
It's in the way you make me need  
It's in the way you cry  
To get just what you fucking need

It's in the way you cut  
So you can see me bleed  
It's in the way you see that I am  
Just another face  
These walls come crashing down  
And now it all decays  
We take the life we once embraced  
It slips away  
The curse of emptiness  
And time will have it's way  
The loneliness enables us to medicate  
A beating heart that's bleeding atrophy  
A broken spirits animosity  
The wound inside is that which cannot heal  
Destroying dreams that we will never feel  
I'm just your dead excuse  
And it's a broken future now  
It's not a happy ending  
It's just a faded picture of  
What we could never be  
I can't erase the pain  
The final hope has become one we perceive  
To be dead

These walls come crashing down  
And now it all decays  
We take the life we once embraced  
It slips away

The curse of emptiness  
And time will have it's way  
The loneliness enables us to medicate  
[Spoken:]

You kill a gentle soul for personal gain  
And by doing so you're a fucking murderer  
This blood is on your hands;  
There is no light at the end of this tunnel  
When I close my eyes,  
All I see is the dark cloud that I protected you from  
It took 90 pounds of flesh to get me here  
The illusion of love, given by all the shit surrounding me  
Love is just a fucking dream,  
And now turned to death  
Once righteous, I am now a burnt and broken man  
Brought on to me by the pathetic excuse of a life  
I'll take comfort in the dark with all of my sins  
There is no return back to light from this hell I'm in  
It's fucking done!  
This is never coming back  
Divided

Accepted the fact  
That it all adds up to nothing  
The anger denial acceptance  
It's clear  
The way you're always your own victim  
Another bad decision  
To trust, with my life on the line  
And now I'm dead and buried  
The resurrection died  
Another life denied  
Your hesitation wounds are showing  
They show the cracks  
Conscience broken  
Words aren't spoken  
Conscience broken  
Words aren't spoken  
For me  
It's just for me  
For me  
It's just for me  
For me  
It's just for me  
She fucks him violently  
It all comes to an end  
For me  
It's just for me