

Yaaas Goodie

Spice

"Yaaas goodie, wid the steam fish and ockra body
The susumba, the cassava, the dasheen
The dumplin wid the cornmeal inna it
Waaay, look how ya body look like it wash down inna coconut milk"

Look pon di body yah, look ya
Look pon di body yah, look, look ya
Mueve la valita, look ya
Look at this body that I got

Walk out everybody just a look pon me
Wid mi steam fish and ockra body
Physically fit and strong wid it
Mi look good inna me clothes wid mi healthy body
Good strong food that inna mi system
Body tan good so mi live inna di gym
Fast food dat a junk fi tan inna di bin
Steam fish and ockra my ting
Inna di sun pon di beach so you know mi stay
The jerk pon outta door now a time fi play
File paper pon di zink, steam fish all day
'Cause it's a holiday, yes a holiday

So just show off yuh body, show off yuh body
Show off yuh steam fish and ockra body
Show off yuh body, show off yuh body
Show off yuh steam fish and ockra body

So when yuh see mi say "yaaaas goodie!"
Wid mi steam fish and ockra body
When yuh see mi say "yaaaas goodie!"
Steam fish and ockra body
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Wid mi steam fish and ockra body
When yuh see mi say "yaaaas goodie!"
Steam fish and ockra body

Rip di runway like Davina Bennett
Mi body steam fish, ockra stand up inna it
Muscle firm to mi body, yeah gym mi did it
Numba one best body goal dat mi win it
One ting mi know 'bout mi likkle country
Inna Jamaica pot to fire cyah hungry
Ockra hot pepper tough crackers, two bammy
Steam fish and ockra body

Mi man him affi firm and strong
Muscle to yuh chest yuh wah be my man
All di vein affi stand up inna yuh hand
Mi steam fish and ockra body man

Steam fish and ockra body man
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