[verse 1] Well, it's 1990, '89 has ended Now it's time for all those who pretended To settle and cease with the noise You and your boys - it's time to put away the toys Christmas is over and this is my resolution To stop the confusion Let the fresh get fresh and the stale get staler And throw em in a pale of Trash with the other trash and smash down the lid For all the weak shit they did Never in my life have I seen such preposterous behavior And you got no flavor Can't taste the juice cause I got the matz I heard you paid for your _billboard_ spots Honest, I promise, I am not a liar Can't you understand that I am flier than a flyer No need to try a stunt like that Never in my life could I front like that On _soul train_ with your brand new hit When it wasn't even playin cause you ain't sayin -Nothin, cause they're wacker than wack Yo ak - get ready to attack (crushin mc's that be tryin to riff) --> big daddy kane [verse 2] People say 'new jack', what jack? You wanna get slapped, jack Or get flipped like a flapjack? I been rockin rhymes and I been rockin mics Ever since you was on bmx bikes You was busy braggin bout the mags on your honey I was in flatbush tryin to get money Brooklyn, crookin up the whole damn place Want to truck jewelry, don't turn your face But I don't resort to those sort of things I don't wear big chains or big rings Gold was stole from caves full of slaves Now black-on-black, and you're free as waves In the ocean, without a notion Am I surfin fast over your head? Maybe you need glasses or classes in special ed Let me see -I can fit you in on monday at 3 Tuesdays is use days And wednesdays is friends days And thursdays is her's days And fridays is my days And saturdays is fun days And sunday's the one day I rest, give thanks and bless Again on monday I will be back Yo ak - get ready to attack

[verse 3]

Man your position, let's start dishin Straight out battlin, no intermission Ain't no stoppin us, ain't no toppin us I suggest your best bet is drop and just Run and don't stop until you drop You might break your hip, but just hip-hop But if you wanna go through it, the proceeding Get a doc, cause when I rock you'll be needing Medical attention - critical condition Surgeon's callin, consult a physician Get a prescription, go to the pharmacy That's what happens when you don't want harmony I'm not violent, I stay silent and mutual, I'm neutral But negative souls wanna interreact Then I get ready to attack Yo ak - let's attack

(crushin mc's that be tryin to riff) --> big daddy kane