

## Routine Pain

## Spanish Love Songs

On any given day I'm a 6 of 10  
Bed to desk to bar - eyes on the floor  
Still apologizing for the way I've been  
Each breath more full of shit than the one before

Yeah I know the negative consumes me  
Guess I'm alright  
Let the guilt pass right through me  
While my friends are taking dives  
Off of cliffs and I just worry  
About the songs I'll never write  
It don't matter -  
They don't want to hear me on the other side

So let me ruin my guts tonight  
Just let me ruin my guts tonight

On any given day it hurts to stand up straight  
Erasing the same message from my phone  
Reaching out to friends who probably think that I am dead  
I should want to go home but I won't

These past four months I've been so angry  
I'm not alright  
Can you please come look right through me  
And try to give a reason why?  
I don't know you or why you'd care  
But the devil's loose inside  
And I'm so sick of saying sorry when I cry

So let me ruin my guts tonight  
Just let me ruin my guts tonight  
You can haunt me 'til the world ends  
And we melt in the sunlight  
Just let me ruin my guts tonight

On any given day I'm out to break your heart  
On any day you'll bleed me my self-worth  
I'm done asking what's the point  
Of finishing the things we start  
When we've got ten years with these bodies  
And maybe twenty on this Earth

But you said  
"We can't take another summer in this place  
Everyone in this bar is the same  
Everywhere I look, it's just routine pain  
I'm so sick of treading water."

"Am I gonna be this down forever?  
Am I gonna be this dumb forever?  
Am I gonna be this gone forever?  
Am I gonna be this numb forever?"

Have you ever felt lower than everyone else?  
I'm feeling lower than anyone else  
If everything's lower than everything else

I want to see how much lower I can go

Have you ever felt lower than everyone else?

Well I'm feeling lower than anyone else

If everything's lower than everything else

I want to see how much lower we can go

How much lower we can go