

## Sometimes

Sonia Dada

Sometimes, got to wash in muddy waters  
And roll... on a bed of stone  
Got to swallow (swallow) what you don't want to  
Defend yourself... save your soul  
Sometimes, while the battle still is raging  
Your heart (your heart) filling up with pride  
Anger... is the devil's earthly demon  
And the pride you feel inside  
And the pride you feel inside  
Gonna eat you up alive  
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