

Spit It Out

Solence

I've got these scars in my mind
They keep haunting coming back all the time
When I feel it getting closer
I get your bad taste in my mouth
So I spit it out

Get this feeling every time I hear your name and my
My body shivers like I'm going back in time when ya
You used to force me had me under your control but now
I'm tired looking from a positive angle

So fuck you
Hide behind your lies I'm spitting truth
Know-it-all but you ain't got a shit of a clue
Cause when I hear your name I wanna puke

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And honestly I'm quite amazed by how you live like this
And I feel sorry cause not all the ignorance is bliss
Yeah you keep trying keep trying but it's a swing and a miss
So darling please understand that you're driven by your insecurities
Causing shut down failure
Insecurities
Causing other people damage with
Insecurities
And frankly why'd you have to be so rude?

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And it happens to me every time
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