

Break It Down

Soja

Break it down, break it down
Yeah yeah, it's the sound, whoa-oh-oh-oh
Whoa-oh, yeah

Looking to the west, looking to the east
Falling to the dirt under my feet
Listen to the ocean calling, calling
I, I, I'm
Feeling raindrops upon my face
Living this life like a highway
Turning in circles
And the universe plays her song
Only if you break it down

Yeah, you gotta break it down
The notes and the sounds and the melody surrounds
But you break it down
Amid the noise and haste
There's beauty in the silence
But only when you break it down

You can get high when you're low now
You can come and you can go now
You're living life as you know now:
"Grow now", ah, ah, aye

It can get hard and bittersweet
You want permanent, but it's all changing
And the love that's in you is the love that's in me
And it's strong
Only if you break it down

Yeah, you gotta break it down
The notes and the sounds and the melody surrounds
But you break it down
Amid the noise and haste (yeah, yeah)
There's beauty in the silence
But only when you break it down

We were before and we will come after
And we are only the next chapter
There will be pain, there will be laughter
We'll sing about it, ah, ah, ah yeah
I'll see you all in the next one
When we're out in the ocean and playing the sun
And we're up in the stars, and we'll dance with his son
In the next one
Only if you break it down

Yeah, you gotta break it down
From the stars to the earth
To the sun, gotta break it down
It's a chapter turning
Forward moving, pulling all our hearts and souls combined together
It's not accidental, neither
It's no question, stormy weather
Gets me thinking and gets me better

Open up this universe
Let the rain come down on me 'til it hurts
And then I look back in the past, I look forward to now
I look all around
I see the same faces somehow
But only if I break it down