

## Mental Acupuncture

Soilent Green

Time to assign the blame  
Another technique  
Bury the dead  
Before plague makes it's name  
Dealing with the world of authority  
Step back and take that breath  
No arguing over the quality  
Apply to these corrective habits  
Associated timeline of regression  
Plainly the wish of the numb  
Worked hard to beat the system  
Victimized and still won  
Over the hump, it's my turn now  
I've fought hard to turn this around  
Here's a tip that'll blow your mind  
Carbine stock for keeping this calm  
Force feed the ideas of positive awareness  
Lending this strength to penalized stages  
Now affixed to these perverted actions  
Devoted plenty to this practical goal  
Words must die in fated force  
The life of this becoming now laid to rest  
Evaluated for further development  
In causing this outbreak  
Antagonist that is hopeless in satisfaction  
A contribution to this stagnated expansion  
Retracted this violence instead of overreacting  
Normal in the eyes of reason, an overrun anthem  
Sometimes my silence can exhaust the confusion of others  
Reminders of the way we have embraced our retribution  
In time my devotion will lend bleeding truth to our oath  
Repetitive behavior on the verge of personal completion  
Wished and burnt it all away  
Slamming doors with an attitude breached  
Is this forgiveness that I have kept a quiet disease?  
Kept this secret  
For burning bridges  
Only to swallow  
Words of my own hope.