Nine

Sleeping at Last

Who am I
To say what any of this means-
I have been sleepwalking
Since I was fourteen

Now as I write my song
I retrace my steps
Honestly, it's easier
To let myself forget

Still, I check my vital signs
Choked up, I realize
I've been less than half myself
For more than half my life

Wake up
Fall in love again
Wage war on gravity
There's so much
Worth fighting for
You'll see

Another domino falls
Either way

It looks like empathy
To understand all sides
But I'm just trying to find myself
Through someone else's eyes

So show me what to do
To restart this heart of mine
How do I forgive myself
For losing so much time?

Wake up
Roll up your sleeves
There's a chain reaction
In your heart
Muscle memory
Remembering who you are

Stand up
Fall in love again and again and again
Wage war on gravity
There's so much
Worth fighting for
You'll see

Another domino falls
And another domino falls

A little at a time
I feel more alive
I let the scale tip and feel all of it
It's uncomfortable but right

We were born to try
To see each other through
To know and love ourselves and others well
Is the most difficult and meaningful
Work we'll ever do

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