

Five

Sleeping at Last

I want to watch the universe expand
I want to break it into pieces small enough to understand
And put it all back together again
In the quiet of my private collection

It feels like an out of body experience
But something gets lost from a safe distance
And now I can't put my mind to rest
And I can't help but second guess
Living behind this one-way mirror

I'm hypnotized by this anomaly
Such strange uncharted territory
A white flag waves in the dark between my head and my heart
My armor falls apart
As if I could let myself be seen, even deeply known
Like I was already brave enough to let go

And now I want to generously lose
This energy that I've been hanging onto so desperately
I finally feel the universe expand
It's hidden in heartbeats, exhales
And in the hope of open hands