

## Breathe Deep

### Sleeping at Last

Once in a while  
I see myself  
No longer enchanted  
By the future or the past  
I break the spell

Once in awhile  
It's crystal clear  
The shadows, the light  
Even my scars overnight  
They disappear

If every breath is sacred  
God, I want to breathe  
Deep enough to feel something  
Deep enough to believe

Once in awhile  
It all sinks in  
I try to keep my head  
Above the water  
God knows, but I can't swim

Once in a while  
I put up a fight  
I write another song  
And sing it with all my might  
Renegotiate the terms  
Of this terminal life  
I put up a fight

If every breath is sacred  
God, I want to breathe  
Deep enough to feel something  
Deep enough to believe  
That every breath is sacred  
God, I want to breathe  
Deep enough to feel something  
Deep enough to believe

Please show me how to breathe deep  
Please show me how to breathe deep

If every breath is sacred  
God, I want to breathe  
Deep enough to feel something  
Deep enough to believe