

Help Me

Skizzy Mars

I can't help myself
Lord it's hard to change, I can't help myself
I can't help myself, I need some help
I can't help myself
Oh I can't help myself
Just be patient, I know you waiting for me to change
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To these substances, I'm powerless
It's like I could never win but I was hopeful 'bout my averages
I skipped school, hated the faculty
I ain't give a fuck like I was abstinent
They killed that like a casualty
I fell in love but I was bad at it
I love drugs but I'm bad at 'em
They told me everything in moderation, including moderation
My tolerance went up, I made accommodations
I had several girls
I stayed at all their places
All different races
All pretty faces
I smoked weed in Cali
I sip lean in Texas
Did blow in Vegas
All kinds of reckless
Lost my ex-girl
Cause I was too possessive
Thought I was playing chess
While they were playing checkers
But you get tired of the bullshit
Then you realize that you the culprit

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Yeah
But they still singin' along, they know all my songs
Me and authority we never got along
When you find yourself alone, how you gettin' home
And you tryna find the answer in that styrofoam
They told me I would use my brain if I had one
And that the next one worse than the last one
Bad influence always hangin' with the bad ones
Not the good ones, feel at home with the hoodlums
I just fell down, can you help me up?
My 15 seconds is already up
And now I'm here stranded
Feelin' like I'm empty handed
Why am I the only one here with an empty cup?
And me I love to put my problem on a shelf

And try to reshuffle the cards I was dealt
But then you get tired of the bullshit
Then you realize that you the culprit

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If you're asked "are you OK?"
You say "fine"
You say "good"
You [?] what does fine mean
Every time I'd ask somebody
You know "what's up? ", "how you doin'? ", "how you been?"
It's always "I been good, I been, I been good man"
"I'm fine, I'm alright"
We rarely tell each other, exactly what's goin' on
So, you know when people ask me like "how are you? "
And like that's the question people are gonna ask
This is the answer to that question

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