Stop, look where we are
We've come so far
And changed our shoes a few times
You taught me how to care
You were there when I was scared
Always open ears
You were my rock, now let me be there for you

You are everything I know
I didn't catch enough on video
I wish we could relive it all
I never thought I'd see the day that you'd
Have that look in your eyes
No mask, no disguise
They say twice the child
I see the role reversal

Cause you said, come on, let it all go, let it all out I say, come on now, let it all go, let it all out

When I take the glance back
At where we have been
The things that you've said and the things that we've seen
Now I realise
There were hidden secrets in your advice

You are everything I know
I didn't catch enough on video
I wish we could relive it all
I never thought I'd see the day that you'd
Have that look in your eyes
No mask, no disguise
They say twice the child
I see the role reversal

Cause you said, come on, let it all go, let it all out I say, come on now, let it all go, let it all out Cause you said, come on, let it all go, let it all out I say, come on now, let it all go, let it all out

I won't forget you saying
Life can be hard sometimes
But there's nothing that's bad that couldn't be worse
Although it hurts sometimes
You can find a blessing in a curse
Life can be hard sometimes
But there's nothing that's bad that couldn't be worse
Although it hurts sometimes
You can find a blessing in a curse

So, come on, let it all go, let it all out
Now I say, come on now, let it all go, let it all out
Cause you said, come on, let it all go, let it all out
Now I say, come on now, let it all go, let it all out
Cause you said, come on, let it all go, let it all out
Now I say, come on now, let it all go, let it all out
Cause you said, come on, let it all go, let it all out