

Progress

Sizzla

Turn up me ear phone (Yeah)
Jamaica, Africa, Mount Zion
Hey

Keep it high and the fly
Hail spread your wings and sail, better out deh fi you my youth (Hey)
Keep it high and the fly
Hail spread your wings and sail, better out deh fi you my youth (hey)
Dah I wah yah

Progress we a deal with
Progress progress progress
Progress we a deal with
Progress progress

Noh make nothing stop you inna life
Pot haffi bubble so the fire haffi light
Anything weh you a do, do it with all a you might
Nah do nothing wrong every thing haffi right (hey)
Nah stop once you start
Do it with the love inna you heart
Study the system
You haffi move smart
This yah one a number one pon the chart

Progress we a deal with
Progress progress progress
Progress we a deal with
Progress progress
Wah!

Know weh you want outta a life a the best thing that
Everybody ago make dem own little talk don't let it get to you
Any how you start do the wrong things
Dem ago criticize
The only way out is up keep going up the whole dem surprise

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Progress we a deal with
Noh make not thing stop you inna life
Progress
Progress we a deal with
Anything weh you a do, do it with all a you might
Nah do noting wrong
Progress we a deal with
Progress progress
Progress
Progress we a deal with

Keep it high and the fly
Hail spread your wings and sail, better out deh fi you my youth (hey)
Keep it high and the fly
Hail spread your wings and sail, better out deh fi you my youth

Progress we a deal with deal with
Progress we a deal with
Progress progress