

Life and Love

Sister Hazel

Well, the tide rolls in and it rolls back out
If you let it, it'll wash away all your doubt
A heart and soul can't live without
Life and love is what it's all about

I go back there
Yes, my place
Yeah, back on track there
From the fast pace
That's just the truth, babe
It's where I feel free
Guess what I'm tryna say
It's where I find me

Well, the tide rolls in and it rolls back out
If you let it, it'll wash away all your doubt
A heart and soul can't live without
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Oh, can I take you there?
I could show you around
'Cause I've got friends there
Feels like hometown, yeah
And sun beats down
But the water's cool
There's a sandy spot, baby
I've got saved for you

Well, the tide rolls in and it rolls back out
If you let it, it'll wash away all your doubt
A heart and soul can't live without
Life and love is what it's all about

It's always there
Whenever I need

Well, the tide rolls in and it rolls back out
If you let it, it'll wash away all your doubt
A heart and soul can't live without

Hey, well, the tide rolls in and it rolls back out
If you let it, it'll wash away all your doubt
A heart and soul can't live without
Life and love is what it's all about
Yeah, life and love is what it's all about
Life and love