Trained to follow, our lives are hollow Straight and narrow, confined and shallow

Stop and take a look in the mirror that's you my friend the uni form displays your fears

When you don't even agree with half the shit they say, will you be a fucking sheep and follow suit anyway?

We hid behind our frames, why am I so strange

To wear our hearts on our sleeves

Try to undress your formalities and rip your souls from the sil ence within yourself Acknowledge we're living in some seperate reality because the poison was implanted under your skin Stop this is wrong, I have eyes, I can see, the image is burnin

Don't trust the system that has raised you, form infant souls to the pinnacles of society

We're so proud of our tastes but the waste is what's bringing m e down

Stop this is wrong, I have eyes, I can see, the end in front of me

Cause there's always something that manages to explain There's always something so let's redirect the blame When the words mean nothing they're only getting in the way I'm ashamed

And afraid to use our minds, paid to hide our eyes Stop and take a look in the mirror, that's you my friend the un iform confirms my fears

When you don't even agree with half the shit they say will you be a fucking sheep and follow suit anyway?