Take a look around now
Change the direction
Adjust the tuning
Try a new translation
Don't look at your man in the same old way
Take a new picture
Just because you don't see shooting stars
Doesn't mean it isn't perfect
can't you see...

It's the stuff that dreams are made of It's the slow and steady fire
It's the stuff that dreams are made of It's your heart and soul's desire
It's the stuff that dreams are made of

So what's this about your best friend?

She's got a brand new shiny boy

And they're moving out to Malibu

To play with all his pretty toys

And you feel closed in by the same four walls

The same old conversation

With the same old guy you've know for years

But use your imagination

And you will see....

It's the stuff that dreams are made of It's the slow and steady fire
It's the stuff that dreams are made of It's your heart and soul's desire
It's the stuff that dreams are made of

What if the Prince on the horse in your fairytale
Is right here in disguise
And what if the stars you've been reaching so high for
Are shining in his eyes

Don't look at yourself in the same old way Take another picture Shoot the stars off in your own backyard Don't look any further And you will see It's the stuff that dreams are made of....