

Bad Habits

Silverstein

I keep chasing
Bad feelings
I keep breaking down
I never deal with it
Drown cause I don't wanna swim
I'm good with
Bad habits

I know this is how I get
I take a small thing and get obsessed
But I don't care what anyone says
It's just me and my demons left
I believe in all my doubts
I could be good but I need to calm down
But I'm back on my bullshit now
I'm running back to a burning house

Why pay for my mistakes
I get them for free

Why do I keep chasing
Bad feelings
I keep breaking down
I never deal with it
Drown cause I don't wanna swim
I'm good with
Bad habits

Left home fist full of stones
Unpacked in a new glass condo
Cut my teeth biting my own tongue
Left no short song unsung
Took a chance on a melody
Laid down where the train should be
Rescued by a hand in the ocean
Now I'm alive in the wind's reflection

Why pay for my mistakes
I get them for free

Why do I keep chasing
Bad feelings
I keep breaking down
I never deal with it
Drown cause I don't wanna swim
I'm good with
Bad habits

Slow down
The broken record's still spinning
Drop 45 to 33
I'm sinking
Lower lower lower
I'm sinking
Lower lower lower

I keep chasing

Bad feelings
I keep breaking down
I never wanted to quit
Cause I'm good with it

I keep chasing
Bad feelings
I keep breaking down
I never deal with it
Drown cause I don't wanna swim
I'm good with
Bad habits

Why do I keep chasing
Bad feelings
I keep chasing
Bad feelings (Down, I never deal with it)
I keep chasing
Bad feelings (Drown cause I don't wanna swim)
I'm good with
Bad habits