I wrestle with my thoughts at night Anchored to the ropes I tied to myself Heaviness in my both my legs
Like I walked a thousand miles a day

If I could stand on top of my world I'd still be looking up at stars that I can never touch

When a sky full of tears falls to the earth I gotta believe we're healing now

Now before you give up, before it gets worse
I have to believe we're healing now

Healing now Healing now

From where I stand it's hard to see What anyone has to offer me today Courage comes from letting go And loving everything you fear away

If I could stand on top of my world I'd still be looking up at stars that I can never touch

When a sky full of tears falls to the earth I gotta believe we're healing now

Now before you give up, before it gets worse
I have to believe we're healing now

Healing now Healing now

I dream about war
I live without peace
A cell without bars
Breathe air I can't breathe
I choose to believe
In the face of my doubts
I am what I see
I am healing now

Healing now

When a sky full of tears falls to the earth I gotta believe we're healing now
Now before you give up, before it gets worse
I have to believe we're healing now

Healing now Healing now Healing now