Tell me
Oh won't you tell me now?
Breathe in
I know you'll make it out

Please don't linger in the dark where you can't see We can sit here in silence and I'll still be around I'll still be around

It's okay
The guilt and shame
You are not to blame
And know you're worth saving
I know you're worth saving

Come what may
Don't hide your pain
I just need to know
When life seems the hardest
Can we be honest?

Get up
I need you here with me
Get up
I need you to believe

When your heart runs a race and you can't sleep When waking up feels like a bad dream, I'll be around I'll still be around

It's okay
The guilt and shame
You are not to blame
And know you're worth saving
I know you're worth saving

Come what may
Don't hide your pain
I just need to know
When life seems the hardest
Can we be honest?