

# Heavy

Shawn Mendes

It's been so heavy  
It's been so long  
Running from everything  
And nothing at all  
You've been rock-steady  
Tryna help me through  
Now I'm finally ready  
To let you

I'm tired of all the nights awake  
Carrying this weight  
It's been so heavy

I've been so lonely  
Running from home  
I've been on my own now  
For way too long  
You've been tryna talk to me  
To gimme the truth  
Now I'm finally ready to let you

I'm tired of all these nights awake  
Carrying this weight  
It's been so heavy  
It's been so long  
Running from everything  
And nothing at all  
You've been rock-steady  
Tryna help me through  
Tryna help, tryna help  
Now I'm finally ready  
To let you, ooh, ooh  
To let you, ooh, ooh

It's been so heavy  
It's been so long  
Running from everything  
And nothing at all