I Know

Seventh Day Slumber

Wonder what can be so bad
That it makes you want to die
I wonder what could be so tragic
Makes you want to take your life
You have your Savior on the cross
While you sit on the throne
Put yourself up on that cross
Put your Savior on the throne

And I know it's hard to take what's happening

And I know life is tough sometimes

And I know it seems like there's no hope for you

And I know your life is worth more than you can see

It's hard to see beyond your pain
When you feel so dead inside
It's hard to see what you've been given
It's hard to find the hope in life

And I know it's hard to take what's happening

And I know life is tough sometimes

And I know it seems like there's no hope for you

And I know your life is worth more than you can see

And I say look at Jesus' hands Those scars are there for you You know He understands What you're going through