

Lonely Dance

Set It Off

One step forward, one step backwards
One step forward, one step backwards

Some days I'm up, some days I'm down
Some days the world is way too loud
Some days my bed won't let me out
But I'm okay with missin'...

Out on the social anxiety
Out on the phony friends I don't need
So I just turn off my phone and turn on TV
Cause solo's the only way I can breathe
So I just, so I just...

Do my little lonely dance
Performing for my only fan
Cause it's my kind of party
My room is where my heart is
I do my little lonely dance
I don't need you to understand
And there's no way I'm stoppin'
It's like nobody's watching
As I do my little lonely dance

One step forward, one step backwards
One step forward, one step backwards

These days I'm good, these days I'm fine
These days I'd rather pay no mind
Silence is in town, keep her around
And you'll be glad you're missing...

Out on the social anxiety
Out on the phony friends I don't need
So I just turn off my phone and turn on TV
Cause solo's the only way I can breathe
So I just, so I just...

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Cause it's my kind of party
My room is where my heart is

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I don't need you to understand
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One step forward, one step backwards
One step forward, one step backwards

All I need is me, myself, and I
(One step forward, one step backwards)
All I need is me, myself, and I
(One step forward, one step backwards)
All I need is peace and quiet

Shhh... that's better

Some days I'm up, some days I'm down
Some days the world is way too loud
Some days my brain's locking me out so I just...

Do my little lonely dance
Performing for my only fan
Cause it's my kind of party
My room is where my heart is
I do my little lonely dance
I don't need you to understand
And there's no way I'm stoppin'
It's like nobody's watching
As I do my little lonely dance

I do my little lonely dance
I do my little lonely dance
Like nobody's watching
I do my little lonely dance
(One step forward, one step backwards)
I do my little lonely dance
(One step forward, one step backwards)
I do my little lonely dance
Like nobody's watching
I do my little lonely dance