Happy All the Time

When's the last time I felt this low? I dug myself a canyon to hide my woes Lost myself somewhere in the deep Down where silver linings are hard to see

The only way to feel this sad's if I felt something before Higher moods and better days, and not so insecure I keep forgetting what I've had, and craving so much more But lost in a familiar place, these words will bring me home

It's OK You're not crazy Gotta taste the salt to love the sweet Let it out and scream I'm OK I'm not crazy Cause the tears remind me I'm alive It's fine to not be happy all the time

Sometime's living feels like a chore Picking your emotions up off the floor When hope feels like a four letter word That's when you say fuck it and live uncensored

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Let it out, let it out Let it out, let it out Let it out, let it out It's ok

It's OK You're not crazy Gotta taste the salt to love the sweet Let it out and scream I'm OK I'm not crazy Cause the tears remind me I'm alive It's fine to not be happy all the time