"What you keep feeding with strong emotions and thoughts, is gr owing inside your mind, until finally it starts feeding by itse lf..."

Your future life can be at stake From good to worse Make no mistake! One moment here, the next one gone The seed of terror soon will grow

We learn to live with fear each day

It has to be another way

As moments fly, the things we want will be obtained

Or maybe not

ACTH, epinephrine
Are flowing through the bloodstream
The fear of failure
The fear of death
The fear of loss
The Gospels of Fear
Embrace fear

A grim companion is always there
His vicious thoughts are hard to bear
In every mind, in every soul he gains control

He offers help but in exchange you have to step inside the cage Dare not to question the things you'll see All kind of horrors you will perceive

Toxic thoughts come to thee Vicious mouths eating thee

The Gospels of Fear

Embrace your fear