

Focus Is Power

Self Esteem

I never could have told you
Anything I longed for
While I was in the water
Swimming against tides we're taught to
Take it in our stride
Laugh it off
Take it on the chin
Just right
Don't be too loud or too quiet
But I got all this fire

And now I see it clear
With every passing of each year
I deserve to be here
And every time I fall
I crawl back like an animal
My focus is powerful

We never had it better
My head and heart together
Before the pushing and the pulling
The shape shifting I'm doing
To give them what they want
Whether it's what I want or not
You see it wasn't up to me but now it could be

But now I see it clear
With every passing of each year
I deserve to be here
And every time I fall
I crawl back like an animal
My focus is powerful

And now
I know you're feeling ready for your bow
But the world is in your hands you took it down
So what are you gonna do with it now?
Keep singing singing singing out

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With every passing of each year
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