I know the fear of rejection's holding us in a cell I think we need help, I mean that Sometimes I can't fucking stand it, I'll go anywhere else To be by myself

Seeing the tide rise
Throw me a lifeline
I don't know how to do this anymore

I'm drowning in dead water
There's something holding me down, tryna pull me under
I'm treading dead water now (dead water)
And it's pulling me, pulling me under

Even the best of intentions hardly grow into deeds Good words come out mean, I hate that In a paralysis we live in this terrible dream Trying our hardest to scream "save me"

I'm drowning in dead water
There's something holding me down, tryna pull me under
I'm treading dead water now (dead water)
And it's pulling me, pulling me under

Seeing the tide rise
Fucking throw me a lifeline
I don't know how to do this anymore

One second calm and collected, next you're breaking my phone I just fucking explode, I see that Those angry voices from fighting like to follow us home They never leave us alone, save me

I'm drowning in dead water
There's something holding me down, tryna pull me under
I'm treading dead water now (dead water)
And it's pulling me, pulling me under

Dead water