Sometimes it's alright to just be alone Sometimes it's alright to just stay at home Sometimes it's ok if we lose our minds Sometimes it's the only way out of a fight So maybe we'll fall before we take flight Maybe you're all I've got to lose And they say it's gray but we see it white And if I'm lost thank God I'm lost with you And sometimes there's only so much we can take And by the time you arrived we all needed a break Sometimes it's ok if we lose our minds Sometimes it's the only way out of a fight So maybe we'll fall before we take flight Maybe you're all I've got to lose And they say it's gray but we see it white And if I'm lost thank God I'm lost with you It's ok to fight back It's alright if you lose It's ok to give up We'll still love you if you do So maybe we'll fall before we take flight Maybe you're all I've got to lose And they say it's gray but we see it white And if I'm lost thank God I'm lost with you It's ok to fight back It's alright if you lose It's ok to give up We'll still love you if you do