I had it in my head, what I meant to say
This conversation isn't headed that way
I got a bad connection between my mind and my mouth
With the right intentions, all the wrong came out

Ooh, you're so good to me You're my therapy

I know that I got hang-ups
So baby please don't hang up
I just need you, just need you to talk to
Yeah my ego's pretty banged up
So please don't turn the pain up
I just need you, just need you to talk to
(Don't you know that, know that)

Everybody got their crazy
And I got, I got a little more
I'm just sayin' don't give up
('Cause I know that, know that)
I know that I got hang-ups
But baby please don't hang up

I had it worked out, what I meant to say
This conversation isn't goin' my way
I got bad reception between my heart and my head
With the best intentions, it was the worst I said

Ooh, you're so good to me You're my therapy

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So baby please don't hang up
I just need you, just need you to talk to
Yeah my ego's pretty banged up
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And I got, I got a little more
I'm just sayin' don't give up
('Cause I know that, know that)
I know that I got hang-ups
But baby please don't hang up

Who got, who got, who got Who don't got hang ups? Who got, who got, who got Who don't got hang ups?

I know that I got hang-ups
So baby please don't hang up
I just need you, just need you to talk to
Yeah my ego's pretty banged up
So please don't turn the pain up
I just need you, just need you to talk to

Who got, who got, who got
Who don't got hang ups?
Who got, who got, who got
Who don't got hang ups? Oh!
Who don't got hang ups?
Who don't got hang ups?