

# Thoughts

Sasha Sloan

## Thoughts

Sometimes I just can't control my thoughts  
No medication's ever made them stop  
All I think about is everything I'm not  
Instead of everything I've got

'Cause I'm scared they're all laughing  
So I make the joke first  
If I beat 'em to the punchline  
Then I can't get hurt  
Yeah, I swear to God I'm trying  
But I don't know how to be  
How to be a good friend to me

'Cause sometimes I just feel like I'm a freak  
When I wake up, I just don't like what I see  
All the way from my head right down to my feet  
Wish that I felt differently

But I'm scared they're all laughing  
So I make the joke first  
If I beat 'em to the punchline  
Then I can't get hurt  
Yeah, I swear to God I'm trying  
But I don't know how to be  
How to be a good friend to me

## Change

Wonder if I'll ever really change

'Cause I'm scared they're all laughing  
So I make the joke first  
If I beat 'em to the punchline  
Then I can't get hurt  
Yeah, I swear to God I'm trying  
But I don't know how to be  
How to be a good friend to

The voice inside my head that's telling me I'm okay  
Entertain it for a second, then I push it away  
Yeah, I swear to God I'm trying  
But I don't know how to be  
How to be a good friend to me

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