

Triggered

Sarah Reeves

We had a young love it was a deep one yeah
And like the ocean we let the flags turn red
Sand to pearls we turned to something rare
The more we grew up the more we couldn't bare

'Cause hurt people hurt people and you hurt me and I hurt you back
How do we move forward when we keep on running off the track
I don't wanna cause a ruckus but I can't pretend I don't get

Triggered when you're not home it's after midnight
I figure you must be out walking on thin ice
I think we're in a good place really good
Let go of the past I probably should
But I still get triggered
Still get triggered

I wanna hold you don't wanna hold this grudge
'Cause I'm not not bitter well maybe just a touch
And I know the worst of my mind gets the best of me
Making real things out of make believe

And I don't mean to cause a ruckus but I can't pretend I don't get

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I still get triggered, triggered, triggered
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I still get

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Yeah I still get