You think you need a body next to you
To keep you warm and safe and bullet proof
Guess you got comfy in the crazy
Cozy in the hazy, lies started sounding like truth
You're feeling stuck inside this vicious loop
We're codependents like it's super glue
So scared to face all of the changes
You're nothing but anxious
Really what do you have to lose

Somewhere deep inside your soul Still that child you used to know Might be wounded you're not broke Listen listen close

Who told you you were hard to love (hard to love)
Who told you you weren't good enough (good enough)
Who broke your heart and made you believe
That you won't be anything without her
Who stole all of your happiness (happiness)
Who almost pushed you off the edge (off the edge)
Don't need their arms to make you complete
Don't take a genius to see that you are
Baby you are more than enough
You're more than enough than enough

So raise a glass to all the baby steps
Not giving up when you were scared to death
You've been through hell and high water
You're coming out stronger
Exhale take a deep breath

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More than enough more than enough More than enough more than enough

More than enough more than enough Baby you're more than enough more than enough