All along the watchtower, they don't care
Report to your brothers, they're not there
Thought I'd take a trip 'cause my mind was a blip on a time fra
me
So I take a hit so that I can forget of your mind games

They said how can I help, how can I, how can I help If you won't help yourself
How can I help, how can I, how can I help
If you won't help yourself, gotta help yourself

Someone blew your cover now you're scared
Someone told your momma, oh now you care
Your mouth is like a motor
Just keep blabbing
Try to get a word in but there's no sense asking
When it's just a hop and a skip just a blink of a blip on a tim
e frame
So I take a hit so that I can forget of your mind games

They said how can I help, how can I, how can I help If you won't help yourself
How can I help, how can I, how can I help
If you won't help yourself, gotta help yourself
Gotta help yourself

How can I help, how can I, how can I help
How can I... If you won't help yourself
How can I help, how can I, how can I help
How can I help... If you won't help yourself
How can I help, how can I, how can I help
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How can I help, how can I, how can I help
How can I help... If you won't help yourself, gotta help yourse
If
Gotta help yourself