

# Help

Sarah Barrios

It's funny how we got mouths, but we don't talk  
It's funny how we breakdown when we get drunk  
Apologize tomorrow for being numb  
Guess I was crying for no reason, if you ask me, I forgot

I got problems that a smile can't solve  
But I keep smiling like there's nothing wrong  
'Cause I don't know how to say it to somebody else

Sometimes I need help  
Sometimes I need a little more than I tell myself  
Little more when I'm hurting like hell  
Sometimes I need heh-heh-heh-help

Twenty-two years by my lonesome  
Heavy on my shoulders, never asking you to hold none  
Put the flowers in bloom  
I'm sick of watching cartoons  
Pretending I don't need you  
These tears fall like a monsoon

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But I keep smiling like there's nothing wrong  
'Cause I don't know how to say it to somebody else

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Sometimes I need words  
Sometimes I need a way to say when I'm at my worst  
Way to talk without hurting myself  
Sometimes I need heh-heh-heh-help

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