

Healing In A Parking Lot

Sarah Barrios

Obsessive
Depressive
It's weighing on my chest
Intrusive
Delusion
The voices in my head
Sittin' in my car
Wonderin' how this ends
Cry into a coffee
To make it make sense

Lost to my own demise
Pray I salvage myself this time

Ooo ooo
Healing in a parking lot
Everything hurts
But finally I've had enough of draggin' me under
Ooo ooo
I'm still insecure as hell
But damn it feels good
To finally tell myself that I'm gettin' better

Ooo ooo
Ooo ooo

Impatient
I'm anxious
I taste it on my tongue
All or nothin'
Soul crushin'
I feel it in my lungs
Staring at myself
In the rearview mirror
Retail therapy
Didn't make it clearer

Lost to my own demise
Pray I salvage myself this time

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Ooo ooo
I'm still insecure as hell
But damn it feels good
To finally tell myself that I'm gettin' better

Ooo ooo
Ooo ooo

I'm healing in a parking lot
I'm still the same girl
But now that I stopped hatin' who she is I can love her

Ooo ooo

I'm still insecure as hell
But damn it feels good
To finally tell myself that I'm gettin' better

Ooo ooo
I'm gettin', I'm gettin' better
Ooo ooo
I'm gettin', I'm gettin' better
Ooo ooo

I'm healing in a parking lot