

# Paradigms

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Every bully that had maimed you, bled you dry  
And the blinkered say that boys will be boys  
And they're just kids being sly  
And they wonder why some die  
Every image of perfection starts a goldmine  
They gave you bulimia, those marketing masterminds  
Happens all the time, all the time

And it breaks you up  
Over time  
And it breaks you up  
Over time

Every moment in this dark world, I'm terrified  
Reaching for a light in a gauntlet of toxic paradigms  
Sometimes I wanna die  
Sometimes

Every headline, they betray you and the little guy  
But what would you expect from oligarchs and paedophiles  
Makes you wonder why you even try

And it breaks you up  
Over time  
And it breaks you up  
Over time  
And it breaks you up  
Breaks you up  
Breaks you up

No one should feel like this  
No one should feel like this  
No one should feel like this

And it breaks you up  
Breaks you up  
Breaks you up  
And it breaks you up  
Over time  
And it breaks you up  
Over time