The duo is back, competition check out the new style
Then get the heck out
Put on your battlin' gear, but don't come strapped
Bullets are not needed, this time it's rap for rap
I'm makin' the move, and soon you'll have to make yours back
In fact, the further the rhyme is dancin', Jack will get a lip smack
So break up because it's time you shook up, you gotta make up
It's time to break up the party, now you're shook up
Salt and Pepa's gettin' swift, livin' up to par
And competition, how to "Whassup" is to ride the bra strap
Hurby's on the beats, Steevee-O has the musical notes
Spinderella's like a propeller spinnin' music so dope
Makin' a lot of noise for all the boys shootin' the gift
Hold on tight cuz tonight Salt and Pepa's gettin' swift

You might have thought about goin' against the spices Salt and Pepa's a mixture like Chinese rices Battlin' time, Mr. Macho, please don't try to rip Because I'll melt ya like Nacho cheese You want flavor, well here's something to savor Why don't you wave a microphone in front of my face And a do small favor, gimme a beat so I can bust a rhyme For all the nerds, let all the words feed your mind Statin' the things and pleasin', takin' a rest, I'm out for easin' Bodily functions makin' 'em dance and Pep, this is the Christmas season This is duck season, and I'm gettin' high You're outta luck, duck, now it's time for you to get and die The ebony queens are back on the scene I assume you still suck like a vacuum machine Cornball sucker, give me a break I'm-a drop you from the sky like snow, you a cornflake Born to break any sucker or half-stepper Who wants to get assaulted with a deadly pepper Go down, low-down, this ain't no showdown The competition, I'm sure they'll blow down Even if you seem to stand stiff The breeze of the rhyme makes you move, and we get swift

Suckers and flukes, it seems you lost and time to put up dukes Cuz you just forced it, the furious females to fly to (fuck) with Stay stiff suckers, soon you'll be stuck with a rep, torn to shreds A musical score leg, need a victory? I left an 'S' on your forehead Don't fuse up now, it's time to put out lights I won't ease up, pal, cuz I'm-a go outta sight Lyrical queen, mess around, and you'll get creamed The star of every male's fantasy or wetdream The ebony princess in a lyrical safari Battlin' me is like a Honda racing a Ferrari If you were the king, what laws would you have me obey? None, my son, cuz I'm quicker than a ?? Quick to split the chick tryin' to get slick You're nothing but a prostitute turning a new trick Little Miss Wench, my mind is a trench Makes you drop, then you stop in your tracks and as I clench My fist, I twist words you use to rip The next time you flex, I'm guaranteed to get swift

Hip-hopper's, rap artists, and rhyme fanatics Can you believe there's a sucker trying to cause static? Break out the health supplies and medical aid Prepare your mind for a super, alphabetical raid Rhythmic explosion without corrosion Rhymes, in effect, that protect like a Trojan Against disease, sorta like a wack MC Rhymes more powerful than a punch at Jack Dempsy I fear no one, plus I tell no tales I will stand up to any male or female Ones who persist to resist end up a prisoner Hissed in a daze or a faze because he is in a State of shock, too hard for one to take So in a multitude of crowds I run to break Beats for torture, but don't get played I stay paid, I caught ya now you shook, you're afraid Scared of the fact we came back to uplift The name, we designed the game, and we get swift