

Better Than

Saint Saviour

I told my girl self
I would deviate
And to be kind if I might
Now my flags up, white
I broke a plate
Cos it's easy to breathe
When you're high up here
Out of the grey
Dip my toe in the eau
To remember the cold
I used to taste
It breaks me down, it breaks me down
You know it breaks me

Take hold of yourself
Not yours to regret
Cos you're better than this
You're better than this
Sing high sing it loud
Don't eat my mistakes
Cos you're better than that
You are better than that

Thought follows thought
Now we're all immersed
And lost
And the ones with the words
Never talk
But you've got to work it out

Girl it's easy to steer
When you're given the wheel
He's not the first
Keep it close to the ground
It's his only way out
Get in the dirt now

And break it down
Break it down you better break it

Take hold of yourself
Not yours to regret
Cos you're better than this
You're better than this
Sing high sing loud
Don't eat my mistakes
You're better than that
You are better than that