Here I am, I'm hearing sirens Alone in the dark I can't speak, I can't deny it I'm covered in scars

I've been holding on too long
Trying to pretend I'm strong
I'd run away
Like a spark into a flame
Learn to open up again
Don't run away, run away

Screaming out I'll break the silence
'Cause I can't make it on my own
We don't need to be under the pressure
We are human, we're not made of stone
We all need one another
And we are not alone

I was scared I wasn't perfect So I put up my guard I was buried into numbness Didn't hear the alarm

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