

SOLAR PLEXUS

Ryman Leon

I can feel it in my shoulder blades
And in my teeth
From my solar plexus
All the way through
The soles of my feet
And I can feel it with my fingertips
Like, it's in my reach
Well from my fragile, broken, silly soul through
The soles of my feet

I know we tried a thousand times
And even in my fantasy
There's no way we could reunite
All I see is my psychosis riddled thoughts
That don't think about anybody else at all
And when I'm only thinking me, me, me
And never we, we, we
The love is sure to crumble and fall

I can feel it in my shoulder blades
And in my teeth
From my solar plexus
All the way through
The soles of my feet
And I can feel it with my fingertips
Like, it's in my reach
Well from my fragile, broken, silly soul through
The soles of my feet

And now you're gone
I wish you never came back
I hold my head, try not to crack
And let you see
And sometimes I wish you the best
But now I can't
You don't know half of it
Half of what you did to me

I can feel it in my shoulder blades
And in my teeth
From my solar plexus
All the way through
The soles of my feet
And I can feel it with my fingertips
Like, it's in my reach
Well from my fragile, broken, silly soul through
The soles of my feet