

# Trying

Russ

My younger self loved getting drunk but he misunderstood it  
He made his liver handle anything his heart just couldn't  
I started looking for myself, my compass constantly would spin  
A smart man looks around, a wise man looks within, yeah

I'm digging deeper, I'm tryna just stop suppressing shit  
You give somebody money once, they might just start expecting it  
Then resentment builds after that first time you refuse  
But givers need to set boundaries 'cause takers never do

I swear I'm trying  
I think that's all I can do  
There's no denying  
That old habits keep slipping through  
And I know that I won't  
Ever have it all figured out, oh, no  
That's not gon' stop me  
From trying, trying, trying

Navigating internal chaos, don't get a day off  
Sometimes I feel dead inside, self talks feel like a seance  
Praying for the strength to investigate, not ignore  
I gotta stop banging on walls hoping they turn into a door  
I'm feelin' torn though, my comfort zone is now a war zone  
Ashamed at my own sadness, I feel betrayed by my own hormones  
I'm chasing congruency, I'm craving community  
Told my girl, "I love you, but my life can't just be you and me"

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I got a problem with enabling my family, it's disabling  
Scared to face my demons but when I do, it makes my angels sing  
Stressed 'cause it's the season of celebrating and grieving  
The grays poppin' out like Liam Neeson  
How long will they be open to receiving my message  
I'm thirty-two now  
If you were in the genre that I'm in, you'd worry too now  
My family all relies on me  
I gotta fear of being seen, but for their sake, please keep your eyes on me

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