People will know when they see this show
The kind of a guy I am
They'll recognize just what I stand for and what I just can't stand
They'll perceive what I believe in
And what I know is true
And they'll recognize I'm a one man guy
Always was through and through

People meditate
Hey that's just great
Trying to find the inner you
People depend on family and friends
And other folks to pull them through

I don't know why I'm a one man guy
Or why I'm a one man show
But these three cubic feet of bone and blood and meat are all I love and know

'Cause I'm a one man guy in the morning Same in the afternoon One man guy when the sun goes down I whistle me a one man tune

One man guy a one man guy
Only kind of guy to be
I'm a one man guy
I'm a one man guy
I'm a one man guy is me

I'm gonna bathe and shave
And dress myself and eat solo every night
Unplug the phone, sleep alone
Stay way out of sight
Sure it's kind of lonely
Yeah it's sort of sick
Being your own one and only
Is a dirty selfish trick

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