The sadness comes when it's least expected
It shot out of the dark, and slammed in our face
The hurt it brings can't be stopped
The hurt it brings can't be cured, oh

Just when I thought things were alright You came in and broke my heart My stomach's full of butterflies The thought of you gone, it tears me apart

I remember you and me when we used to
Laugh all night until we fell asleep, oh
And i know we're through
But i've still got thoughts of you left inside my head

Well... in my head...

The love that I have for you
Is done and dead, it's so far away
And you're still here in my head
And you're still here, you'll never leave my heart

Just when I thought things were alright You came in and broke my heart My stomach's full of butterflies The thought of you gone, it tears me apart

I remember you and me when we used to
Laugh all night until we fell asleep, oh
And i know we're through
But i've still got thoughts of you left inside my head

So stop me now
Stop my thoughts cause you're killin me
But you don't know
Even though we've grown apart
I'll still be there for you
Cause I don't wanna be just a memory to you
Cause I don't wanna be just a memory to you