This little voice is a moaner
Weighs on my head like a boulder
And it's wearing down on my shoulder, eh
I'm up to here with emotions
I'm growing tired and older
I've tried to keep my composure, but

It has that power over me
Crawling up my throat and makes it hard to breathe, oh
It has that power over me
Scared it's here to stay and is never gonna leave
That power, oh-oh-oh, oh-oh-oh
Makes it hard to breathe
That power, power, power
Is never gonna leave

This little voice is a liar
And I'm tangled up in his wires
It's getting tighter and tighter, yeah
I'm in the line of the fire
Ain't got no armor to fight it
I've tried my best but I'm tired, yeah

It has that power over me
Crawling up my throat and makes it hard to breathe, oh
It has that power over me
Scared it's here to stay and is never gonna leave
That power, oh-oh-oh, oh-oh-oh
Makes it hard to breathe
That power, power, power
Is never gonna leave

And I hate it
Oh I hate it
Down a lane that's losing track
But I'm patient
Oh I'm patient
Till it all comes running back
It has that power over me

That power
Crawling up my throat and makes it hard to breathe, oh
It has that power over me
Scared it's here to stay and is never gonna leave
Power, power, power
Makes it hard to breathe
That power, power, power
Never gonna leave