It's all on me

Look at me, I've denied joy
There's only comfort in my misery
Any love shown, felt so undeserving
Pushed away those that were any good to me

Can't you see? Can't you see? Can't you see?

It's all on me, can't you see?
I'm the only one who's got me on my knees
Chained to the pain that just won't let me breathe
Chained to the pain, to the pain

When the sun shines, I look away
Because my whole life, I felt the shade was meant for me
Words like "dad", "home", "love", "hope" seemed so far away
The shit seemed more like make believe

It's all on me, can't you see?
I'm the only one who's got me on my knees
Chained to the pain that just won't let me breathe
Chained to the pain, to the pain

It's all on me, can't you see?
It's all on me
Chained to the pain, to the pain

It's been thirty years and it's getting old I don't want to feel like this anymore I want to run towards the sun, find me in myself Smile more, wouldn't that be something else?